

Mentoring myths and what we have learned.

Mentoring is only for experts.

Most adults think they have to have it all together before they can be a mentor. The role of a mentor is to listen, ask questions, and pray.

Mentoring has to be a long-term commitment.

Some mentoring relationships are seasonal, or related to particular transitions or needs, some correspond with the school year or a season of life. It is best in all of these to determine an initial time frame and discuss it as you go.

Mentors rescue people.

God rescues and redeems lives—in His timing and through His ways. Most of us are in a whole lot of muddle that requires great patience and curiosity.

Mentors provide solutions.

Nope. Mentors listen, ask questions, and pray. They help those we companion discover their own solutions, next steps, and guidance from God.

Mentoring relationships are between two people.

Spiritual mentoring is so much more! Here are three different ways we encourage people to experience the power of mentoring relationships for their growth and maturity in Christ:

- One-on-One
- Spiritual Triads
- *The Journey*: a peer-mentoring group process

